

CB-BK WE2 2026: Session: 5: COACH evaluation sheet for TEAM: CNSW

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Gueret Aurore HEADCOACH

Coaches: Collard Nicolas

Coaches: Blondeel Nathalie

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 34: 200M MEDLEY WOMEN 15+					Heat:2, starttime: 08:33
Heat: 2/16 Lane : 1 Athlete: BESO CLARA					Q-time: 02:44:36
PB (50m pool): 02:43.97 Antwerpen 21/07/2024					PB (25m pool): 02:40.99 SB: 02:44.36 MOUSCRON 25/05/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:43.97	
	no time				
					

Coach feedback:

Event number: 34: 200M MEDLEY WOMEN 15+					Heat:7, starttime: 08:49
Heat: 7/16 Lane : 3 Athlete: RENAUD ALVA					Q-time: 02:39:38
PB (50m pool): 02:39.38 Eindhoven 16/03/2025					PB (25m pool): 02:51.28 SB: 02:41.87 Eindhoven 22/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:34.80	01:17.34	02:02.59	02:39.38	
	00:34.80	00:42.54	00:45.25	00:36.79	
					

Coach feedback:

Event number: 34: 200M MEDLEY WOMEN 15+					Heat:8, starttime: 08:53
Heat: 8/16 Lane : 6 Athlete: SCHOEMANS ALICE					Q-time: 02:38:53
PB (50m pool): 02:38.53 Ottignies Louvain-La-Neuve 07/06/2026					PB (25m pool): no time SB: 02:38.53 Ottignies Louvain-La-Neuve 07/06/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:34.09	01:15.43	02:00.21	02:38.53	
	00:34.09	00:41.34	00:44.78	00:38.32	
					

Coach feedback:

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Event number: 34: 200M MEDLEY WOMEN 15+					Heat:13, starttime: 09:08
Heat: 13/16 Lane : 8 Athlete: COLINET CHARLOTTE					Q-time: 02:34:03
PB (50m pool): 02:34.03 Antwerpen 27/07/2025					PB (25m pool): 02:33.83 SB: 02:37.39 Ottignies Louvain-La-Neuve 07/06/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:33.55	01:15.00	01:57.30	02:34.03	
	00:33.55	00:41.45	00:42.30	00:36.73	
					

Coach feedback:

Event number: 34: 200M MEDLEY WOMEN 15+					Heat:15, starttime: 09:14
Heat: 15/16 Lane : 6 Athlete: COLINET MANON					Q-time: 02:27:52
PB (50m pool): 02:27.52 Antwerpen 27/07/2025					PB (25m pool): 02:25.48 SB: 02:29.80 Ottignies Louvain-La-Neuve 07/06/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:31.66	01:12.46	01:52.76	02:27.52	
	00:31.66	00:40.80	00:40.30	00:34.76	
					

Coach feedback:

Event number: 34: 200M MEDLEY WOMEN 15+					Heat:16, starttime: 09:17
Heat: 16/16 Lane : 1 Athlete: MACHALE JULIA					Q-time: 02:29:69
PB (50m pool): 02:29.69 Antwerpen 27/07/2025					PB (25m pool): 02:30.23 SB: 02:33.98 Eindhoven 22/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:33.18	01:10.72	01:55.26	02:29.69	
	00:33.18	00:37.54	00:44.54	00:34.43	
					

Coach feedback:

Event number: 35: 200M BREASTSTROKE MEN 15+					Heat:2, starttime: 09:24
Heat: 2/7 Lane : 1 Athlete: ROBBA ENRICO					Q-time: 02:44:59
PB (50m pool): 02:44.59 Eindhoven 22/03/2026					PB (25m pool): 02:56.07 SB: 02:44.59 Eindhoven 22/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:37.83	01:19.89	02:02.78	02:44.59	
	00:37.83	00:42.06	00:42.89	00:41.81	
					

Coach feedback:

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Event number: 35: 200M BREASTSTROKE MEN 15+					Heat:7, starttime: 09:40
Heat: 7/7 Lane : 3 Athlete: EVERSONAS JONAS					Q-time: 02:27:57
PB (50m pool): 02:27.57 Antwerpen 27/07/2025			PB (25m pool): 02:25.33 SB: 02:29.88 Charleroi 15/02/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:33.91	01:11.83	01:49.98	02:27.57	
	00:33.91	00:37.92	00:38.15	00:37.59	
					

Coach feedback:

Event number: 37: 100M BACKSTROKE MEN 15+					Heat:2, starttime: 10:04
Heat: 2/13 Lane : 1 Athlete: CARDACI ENZO					Q-time: 01:08:13
PB (50m pool): 01:08.13 Eindhoven 22/03/2026			PB (25m pool): no time SB: 01:08.13 Eindhoven 22/03/2026		
	5 0 M	1 0 0 M			
PB	00:32.68	01:08.13			
	00:32.68	00:35.45			
					

Coach feedback:

Event number: 37: 100M BACKSTROKE MEN 15+					Heat:2, starttime: 10:04
Heat: 2/13 Lane : 3 Athlete: MELIS AUGUSTIN					Q-time: 01:07:87
PB (50m pool): 01:07.87 MOUSCRON 25/05/2026			PB (25m pool): no time SB: 01:07.87 MOUSCRON 25/05/2026		
	5 0 M	1 0 0 M			
PB	00:32.71	01:07.87			
	00:32.71	00:35.16			
					

Coach feedback:

Event number: 37: 100M BACKSTROKE MEN 15+					Heat:10, starttime: 10:21
Heat: 10/13 Lane : 1 Athlete: MACHALE LIAM					Q-time: 01:03:23
PB (50m pool): 01:03.12 Antwerpen 27/07/2025			PB (25m pool): 01:00.35 SB: 01:03.54 Antwerpen 17/05/2026		
	5 0 M	1 0 0 M			
PB	no time	01:03.12			
	no time				
					

Coach feedback:

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Event number: 38: 200M BACKSTROKE WOMEN 15+					Heat:6, starttime: 10:48
Heat: 6/11 Lane : 2 Athlete: BESO CLARA					Q-time: 02:35:73
PB (50m pool): 02:35.73 Antwerpen 20/07/2025			PB (25m pool): 02:32.29 SB: 02:37.01 Eindhoven 22/03/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:36.26	01:15.74	01:55.65	02:35.73	
	00:36.26	00:39.48	00:39.91	00:40.08	
					

Coach feedback:

Event number: 38: 200M BACKSTROKE WOMEN 15+					Heat:8, starttime: 10:55
Heat: 8/11 Lane : 1 Athlete: XENOU VIRGINIA					Q-time: 02:33:32
PB (50m pool): 02:33.32 Ottignies Louvain-La-Neuve 07/06/2026			PB (25m pool): 02:28.15 SB: 02:33.32 Ottignies Louvain-La-Neuve 07/06/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:36.28	01:15.85	01:55.52	02:33.32	
	00:36.28	00:39.57	00:39.67	00:37.80	
					

Coach feedback:

Event number: 38: 200M BACKSTROKE WOMEN 15+					Heat:9, starttime: 10:58
Heat: 9/11 Lane : 4 Athlete: GRIES LAURE					Q-time: 02:20:68
PB (50m pool): 02:20.68 Antwerpen 27/07/2025			PB (25m pool): 02:13.20 SB: 02:25.22 Antwerpen 17/05/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:33.17	01:08.57	01:45.19	02:20.68	
	00:33.17	00:35.40	00:36.62	00:35.49	
					

Coach feedback:

Event number: 38: 200M BACKSTROKE WOMEN 15+					Heat:10, starttime: 11:02
Heat: 10/11 Lane : 6 Athlete: MACHALE JULIA					Q-time: 02:25:52
PB (50m pool): 02:25.52 Antwerpen 27/07/2025			PB (25m pool): 02:20.40 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:34.17	01:10.93	01:48.41	02:25.52	
	00:34.17	00:36.76	00:37.48	00:37.11	
					

Coach feedback:

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Event number: 39: 200M FREESTYLE MEN 15+					Heat:3, starttime: 11:14
Heat: 3/19 Lane : 8 Athlete: MELIS AUGUSTIN					Q-time: 02:10:96
PB (50m pool): 02:10.96 Antwerpen 19/04/2026			PB (25m pool): no time SB: 02:10.96 Antwerpen 19/04/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:29.94	01:03.17	01:37.29	02:10.96	
	00:29.94	00:33.23	00:34.12	00:33.67	
					

Coach feedback:

Event number: 40: 50M BREASTSTROKE WOMEN 15+					Heat:6, starttime: 12:04
Heat: 6/12 Lane : 3 Athlete: JANVIER ZOé					Q-time: 00:36:94
PB (50m pool): 00:37.41 Ottignies Louvain-La-Neuve 07/06/2025			PB (25m pool): 00:35.16 SB: 00:38.06 Antwerpen 17/05/2026		
	5 0 M				
PB	00:37.41				
	00:37.41				
					

Coach feedback:

Event number: 40: 50M BREASTSTROKE WOMEN 15+					Heat:6, starttime: 12:04
Heat: 6/12 Lane : 5 Athlete: RENAUD ALVA					Q-time: 00:36:89
PB (50m pool): 00:36.89 Charleroi 16/02/2025			PB (25m pool): 00:37.43 SB: 00:38.61 Eindhoven 22/03/2026		
	5 0 M				
PB	00:36.89				
	00:36.89				
					

Coach feedback:

Event number: 40: 50M BREASTSTROKE WOMEN 15+					Heat:11, starttime: 12:10
Heat: 11/12 Lane : 8 Athlete: COLINET CHARLOTTE					Q-time: 00:35:17
PB (50m pool): 00:35.06 Antwerpen 21/04/2024			PB (25m pool): 00:34.79 SB: 00:36.48 Wezenberg 03/01/2026		
	5 0 M				
PB	00:35.06				
	00:35.06				
					

Coach feedback:

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Event number: 40: 50M BREASTSTROKE WOMEN 15+				Heat:12, starttime: 12:11	
Heat: 12/12 Lane : 6 Athlete: COLINET MANON				Q-time: 00:34:01	
PB (50m pool): 00:33.78 Antwerpen 21/04/2024				PB (25m pool): 00:33.35 SB: 00:34.86 Wezenberg 03/01/2026	
	5 0 M				
PB	00:33.78				
	00:33.78				
					

Coach feedback:

Event number: 41: 50M BUTTERFLY MEN 15+				Heat:2, starttime: 12:14	
Heat: 2/24 Lane : 1 Athlete: CARDACI ENZO				Q-time: 00:29:86	
PB (50m pool): 00:29.86 Charleroi 24/05/2026				PB (25m pool): no time SB: 00:29.86 Charleroi 24/05/2026	
	5 0 M				
PB	00:29.86				
	00:29.86				
					

Coach feedback:

Event number: 41: 50M BUTTERFLY MEN 15+				Heat:2, starttime: 12:14	
Heat: 2/24 Lane : 3 Athlete: PAKER EREN				Q-time: 00:29:74	
PB (50m pool): 00:29.74 Eindhoven 22/03/2026				PB (25m pool): no time SB: 00:29.74 Eindhoven 22/03/2026	
	5 0 M				
PB	00:29.74				
	00:29.74				
					

Coach feedback:

Event number: 41: 50M BUTTERFLY MEN 15+				Heat:3, starttime: 12:15	
Heat: 3/24 Lane : 7 Athlete: GARCIA THOMAS				Q-time: 00:29:59	
PB (50m pool): 00:29.59 Charleroi 24/05/2026				PB (25m pool): no time SB: 00:29.59 Charleroi 24/05/2026	
	5 0 M				
PB	00:29.59				
	00:29.59				
					

Coach feedback:

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Event number: 41: 50M BUTTERFLY MEN 15+							Heat:9, starttime: 12:21		
Heat: 9/24 Lane : 2 Athlete: EVERSONAS JONAS							Q-time: 00:28:27		
PB (50m pool): 00:28.27 Charleroi 24/05/2026							PB (25m pool): 00:30.46SB: 00:28.27 Charleroi 24/05/2026		
	5 0 M								
PB	00:28.27								
	00:28.27								
									

Coach feedback:

Event number: 41: 50M BUTTERFLY MEN 15+				Heat:9, starttime: 12:21				
Heat: 9/24 Lane : 4 Athlete: DA CONCEICAO SOUSA LUIS GABRIE				Q-time: 00:28:24				
PB (50m pool): 00:28.24 Charleroi 15/02/2026				PB (25m pool): 00:28.97 SB: 00:28.24 Charleroi 15/02/2026				
	5 0 M							
PB	00:28.24							
	00:28.24							
								

Coach feedback:

Event number: 41: 50M BUTTERFLY MEN 15+										Heat:12, starttime: 12:23																			
Heat: 12/24 Lane : 8 Athlete: MACHALE LIAM																				Q-time: 00:28:00									
PB (50m pool): 00:28.00 Charleroi 24/05/2026										PB (25m pool): 00:27.75 SB: 00:28.00 Charleroi 24/05/2026																			
	5 0 M																												
PB	00:28.00																												
	00:28.00																												
																													

Coach feedback:

Event number: 41: 50M BUTTERFLY MEN 15+							Heat:18, starttime: 12:29		
Heat: 18/24 Lane : 2 Athlete: COQUILLAT DORIAN							Q-time: 00:27:13		
PB (50m pool): 00:28.93 Charleroi 15/02/2026							PB (25m pool): 00:27.27 SB: 00:28.93 Charleroi 15/02/2026		
	5 0 M								
PB	00:28.93								
	00:28.93								
									

Coach feedback:

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Event number: 41: 50M BUTTERFLY MEN 15+			Heat:24, starttime: 12:35
Heat: 24/24 Lane : 1 Athlete: MORIAU THIBAUT			Q-time: 00:25:98
PB (50m pool): 00:25.65 Antwerpen 21/04/2024			PB (25m pool): 00:25.27 SB: 00:25.98 Charleroi 15/02/2026
	5 0 M		
PB	00:25.65		
	00:25.65		
			

Coach feedback:

Event number: 42: 100M BUTTERFLY WOMEN 15+			Heat:6, starttime: 12:45
Heat: 6/9 Lane : 6 Athlete: XENOU VIRGINIA			Q-time: 01:07:52
PB (50m pool): 01:07.04 Antwerpen 28/07/2024			PB (25m pool): 01:06.77 SB: 01:07.52 Antwerpen 17/05/2026
	5 0 M	1 0 0 M	
PB	no time	01:07.04	
	no time		
			

Coach feedback: